### Leading With Happiness

Alexander Kjerulf





The fundamental goal of a business leader should be to increase happiness in the world.

Leaders who don't do that are doing it wrong.

#### The Social Responsibility of Business is to Increase its Profits

Milton Friedman
The New York Times Magazine
September 13, 1970.

"There is one and only one social responsibility of business — to use its resources and engage in activities designed to increase its profits so long as it stays within the rules of the game."

### "The business of busines is business."

### "The business of businesis happiness."



"You never deal with another person without holding a portion of their life in your hands.

It may be very little, a passing mood, an enthusiasm you cause to grow or wither, a revulsion you deepen or alleviate.

But it can also be a terrifying amount, so that it is up to you whether the other person's life succeeds or not."

- K.E. Løgstrup

#### Good leaders create happiness for: Themselves Employees Customers The community/world



### Happiness for the leader herself or himself



"Most people assume my business success, and the wealth that comes with it, have brought me happiness. But they haven't; in fact it's the reverse. I am successful, wealthy and connected because I am happy."

### Be happy... and show it



### Success Happiness

# Happiness Success

#### Don't overwork



# Practice gratitude





# Work for a purpose bigger than yourself

### Career Calling





1: Internal motivation

2: Instrumental motivation

3: Both together



# Happiness for employees

"What makes an effective business is the same thing that makes an effective orchestra: People who want to be there, who give everything they have, who are having a wonderful time doing it, whose eyes are shining, who are giving out energy to people around them."

- Ben Zander





Free fruit Office gym Fancy office design Employee of the month Office parties Bonus schemes Competitions Teambuildings Wellness programs Massages Laundry/dry cleaning Legal counselling Health insurance Free breakfasts Christmas presents Stop smoking programs Weight loss programs Nap pods Free drinks/coffee

### Results Relationships



### The leader of the future is awesome at building relationships

# Praise and recognition





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### Make your CUSTOMEIS happy

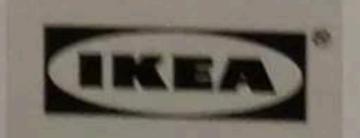


### When it rains the price of umbrellas

#### Umbrella GRÖSSBY



\$ 50 | 1/1/1// \$ 250 | Rainy day special



#### Forget customer satisfaction - measure and focus on customer happiness



"Do you feel that the Zappos family member you interacted with genuinely cares about you and your reason for contacting us?" [Yes or No]



### Do the right thing for the customer





### Makethe community/world



### Have a purpose that's bigger than YOU Or YOUr company

BUSINESS

Our Vision is to be
the pre-eminent
all bail business school

Our dream is to make a happy and a successful business that would allow us to use its success and power to create a better world.

### A good purpose is ultimately about happiness

# Happiness is the ultimate "why"

## Make your suppliers happy



Ben & Jerry's operates on a three-part mission that aims to create linked prosperity for everyone that's connected to our business: suppliers, employees, farmers, franchisees, customers, and neighbors alike.

# Make your shareholders happy



## Happy companies make more money

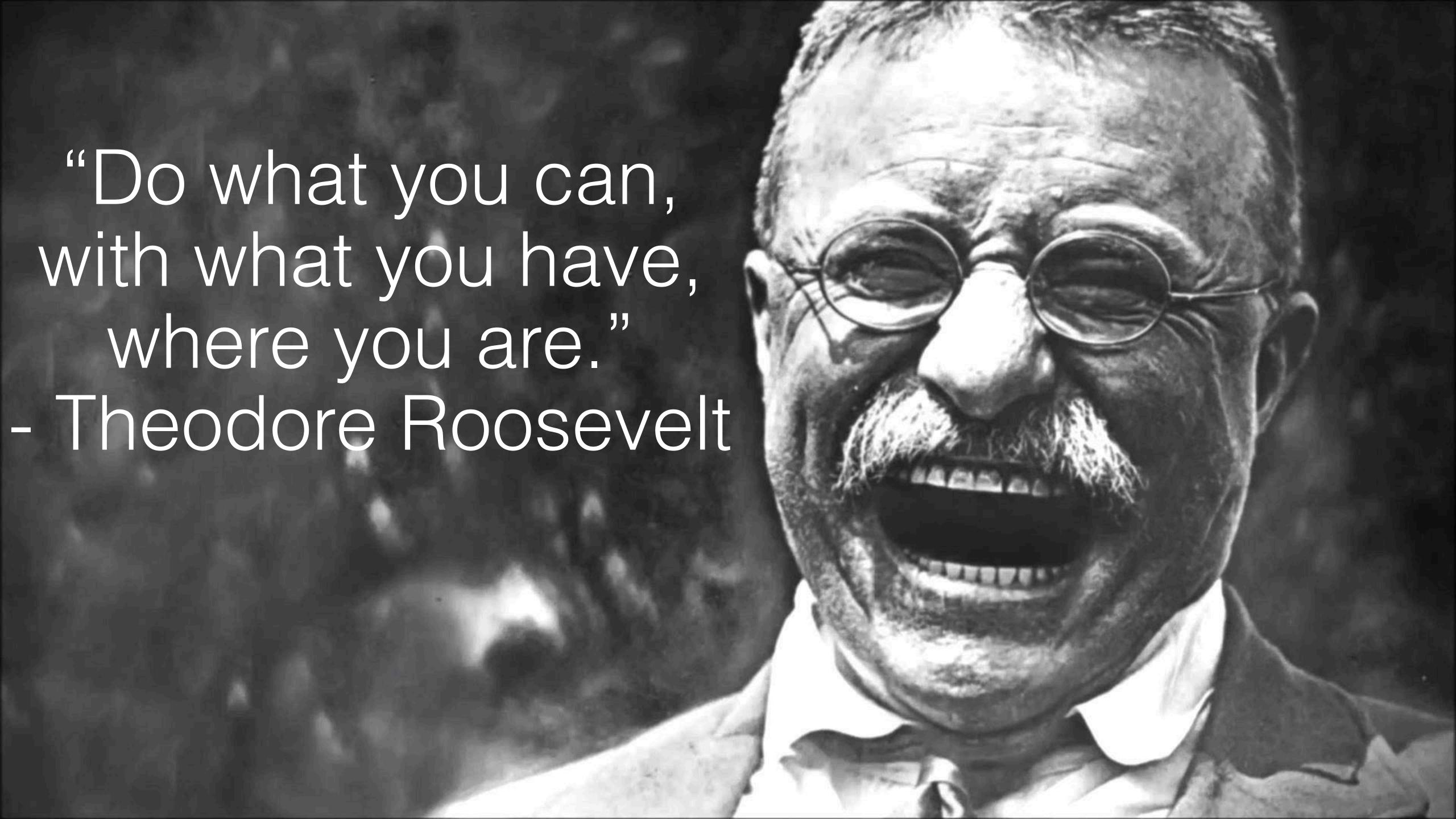
#### Advantages of happy workplaces

Higher productivity More creativity and innovation Better sales Lower employee turnover Attract the best talent Lower absenteeism Higher growth Higher stock price Higher profits Higher customer loyalty Higher discretionary effort from employees

## Business schools are stuck in the past Power does bad things to people Miserable leaders spread misery

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#### Can leaders learn this?

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Emiliana Simon-Thomas, Ph.D. The Science of Happiness at Work



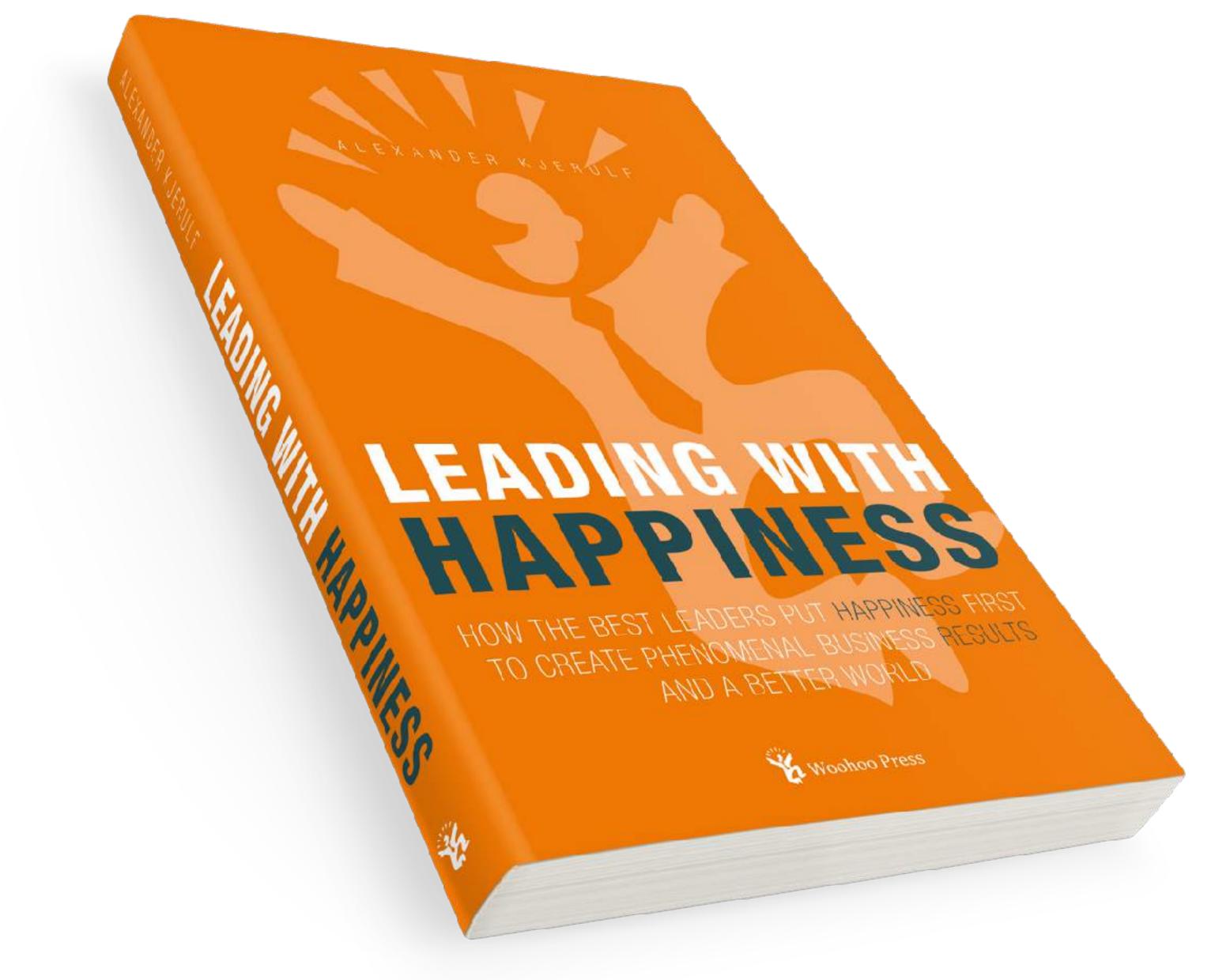


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